

Example of content for Coaches printed team criteria as required in OISRA By-Laws. #6 is the specific requirement as set out in the OISRA By-law.

INSERT TEAM NAME where applicable.(Whatever)

Participation on the **Whatever** High School Ski Team requires the athletes to **(6a)** attend all mandated training sessions and race meetings, It is recognized that there may be circumstances where it is not possible for an athlete to attend a mandated activity. The following regulations will apply under those circumstances.

TRAINING:

Excused Absences; must be verified in writing to the Head Coach within three* days of an absence are set out below. Failure to request that the absence be considered as an excused absence not made to the Head Coach within three days will constitute an unexcused absence.

**The Head Coach may accept a request by parental telephone call. Confirmed in writing if the three-day period is not able to be adhered to.*

All written requests must be from parents or guardians unless otherwise specified.

(6b) (1) A physical injury that renders the athlete incapable of participating in any training. Written verification may be required.

(2) A verifiable absence from school for a training. This requires parental verification/request in writing, either directly to the coach or via the school administration. School closure is a verified absence that does not need notification.

(3) Recognized cross (dry land) training that has been approved by the Head Coach and the parent Board in writing prior to commencement of on mountain training in December. Application for this needs to be made in writing to the Head Coach by the athlete not later than the Monday preceding Thanksgiving. If an athlete has a conflict with another sport or a recognized High School etc. activity** that cannot be accommodated within the present exemptions, it is the **athlete's responsibility** to draw this to the attention of the respective coaches, tutors etc., as soon as possible and at least prior to the Monday preceding Thanksgiving, so that the situation can be discussed between the parties involved. *Only under exceptional circumstances will dispensation from mandated training for more than one day in a week be allowed.*

UNEXCUSED ABSENCES: Athletes will be allowed:

(6c) Four (4) unexcused absences from mandated training session' and/or race's during the season which commences the 1st week in November. **N.B.** There are OISRA regulations governing the number of races an athlete must participate in to be eligible to compete at State.

5th unexcused absence; at the next race the athlete will be seeded at the end of varsity II.

6th unexcused absence; the athlete will be suspended from competing at next race, but will attend the race meeting and train or assist at the instruction of the Head Coach.

7th unexcused absence; the athlete will be dismissed from the team. :

RACING:

(6b) EXCUSED ABSENCES from a race meeting are, for a verifiable injury, or a recognized High School etc., activity** or force majeure

(6c) UNEXCUSED ABSENCE. A member of the Varsity I Team will be seeded to Varsity II, and a Varsity II team member will be seeded last in that category. Other punishment may be decided at the discretion of the Head Coach and/or the Parent Board.

Any ruling by the Head Coach and the Parent Board will be reviewed only upon receipt of a written request from the athlete and his or her parent/guardian.

VARSITY TEAM SELECTION:

The Varsity I team for the first two **Specific** League events will consist of the number of boys and girls as allowed for in the **Specific** League regulations who have been selected by the coaches following suitable time trials to establish a seeding. Should there be no time trials the coaches will select a Varsity team that is representative of the fastest athletes taking into account known past performances.

Alterations to the Varsity I team for subsequent races will be based on merit, and the teams needs. Should a member of a Varsity team, seeded in the top five not be able to compete in an **Specific** League event because of their need to participate in a recognized activity**, consideration may be shown the athlete by allowing him/her to start in the next **Specific** League event as the fifth seed*** of their respective (male/female) Varsity team.

If it is considered necessary to make an alteration or substitution in the team to benefit the team or an individuals standing, such an alteration will be made only after consultation between the Head Coach and the Parent Representative.

** Recognition may be extended to an athlete that has the need to participate in a recognized High School or comparable artistic or athletic event. A written request for such recognition needs be made to the Head Coach prior to participation. Similar recognition may be considered for some academic requirements.

*** The seeding of fifth is not a penalty, it is to acknowledge the efforts and results of those who did compete at the event involved.

(6d) VARSITY LETTERING; A varsity letter will be awarded for scoring a top twenty point at more than one event.

STATE CHAMPIONSHIP.

Should the **Whatever** Ski team earn the right to compete at State, the athletes selected to be part of the team will where possible be identifiable as the fastest members of the team who meet the OISRA eligibility criteria.

Should circumstances arise that require the need to waive any of these requirements, such action will be taken only after adequate consultation between the Head Coach, the Parent Body and the team captains.